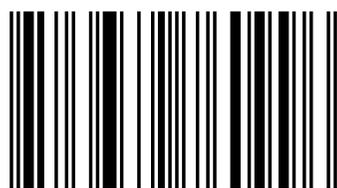


## Hemodialysis Patients

Adherence(or compliance)is a dynamic,relative, complex, and multidimensional concept.Adherence of hemodialysis patients to medical instructions is considered crucial for a longer life expectancy and better quality of life.There is a solid evidence that nonadherence of ESRD patients' correlates with morbidity and mortality, despite severe consequences, noncompliance with their medical regimen is the norm for dialysis patients rather than the exception.Despite of its importance, there is remarkable paucity in researches which deal with adherence of patients under hemodialysis (HD) in Saudi Arabia.This study identify the prevalence of adherence of patients to fluid, diet, medication and hemodialysis sessions and determine factors related to non-adherence and assess the effect of health education intervention on adherence level among HD patients. The current study describe adherence behaviors of patients on maintenance HD in a comprehensive way and provide scientific background for understanding the non-adherence problem and reccomend powerful tested tools to minimize it, so decrease the direct and indirect cost that appear as a consequence of non-adherence.



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